

# 2010 Summer PIRATE-MAKER WORKOUTS

Session I – June 7 – June 25

Session II – July 5 – July 30

Monday-Thursday 7:30 a.m. – 9:00 a.m.

Cost - \$50 if paid before May 28<sup>th</sup>/\$65 if paid after May 28<sup>th</sup>

Poteet coaches will supervise strength and agility/conditioning program for all athletes.

**Come prepare for your 2010-11 seasons!!**

**Name:** \_\_\_\_\_ **T-Shirt Size:** S            M            L            XL            2XL

I hereby authorize the staff of the PHS camp to act in their best judgment in any emergency requiring medical attention and I hereby waive and release the camp from any and all liability for any injuries or illnesses that occur while at camp. I have no knowledge of any impairment that would be affected by the named camper above as outlined in the camp brochure.

Signature of parent or guardian: \_\_\_\_\_

**Tough People Win**