


List of Covered Preventive Care Services
Effective September 1, 2011, Plans Pay 100% When Using Network Providers*

Children and Adolescents	Adults	
<p>Newborns</p> <ul style="list-style-type: none"> • Screening for hearing loss, hypothyroidism, sickle cell disease and phenylketonuria (PKU) • Gonorrhea preventive medication for eyes <p>Immunizations</p> <ul style="list-style-type: none"> • Diphtheria, Tetanus, Pertussis • Haemophilus influenzae type B • Hepatitis A and B • Human Papillomavirus (HPV) • Influenza (Flu) • Measles, Mumps, Rubella • Meningococcal • Pneumococcal (pneumonia) • Inactivated Poliovirus • Rotavirus • Varicella (chickenpox) <p>Childhood health screenings</p> <ul style="list-style-type: none"> • Medical history for all children throughout development • Height, weight and Body Mass Index (BMI) measurements • Developmental screening • Autism screening • Behavioral assessment • Vision screening • Oral health risk assessment • Hematocrit or hemoglobin screening • Obesity screening and weight management counseling • Iron supplements • Fluoride supplements • Lead screening • Dyslipidemia screening • Tuberculin testing <p>Adolescent health screenings</p> <ul style="list-style-type: none"> • Depression screening • Alcohol and drug use assessment • Counseling to prevent sexually transmitted infections (STIs) • Cervical dysplasia screening • HIV screening 	<p>General health screenings</p> <ul style="list-style-type: none"> • Blood pressure screening • Cholesterol screening • Type 2 diabetes screening • HIV and sexually transmitted infections (STIs) screenings <p>Health Counseling</p> <p>Doctors are encouraged to counsel patients about these health issues and refer them to appropriate resources as needed:</p> <ul style="list-style-type: none"> • Healthy diet • Weight loss • Tobacco use • Alcohol misuse • Depression • Prevention of sexually transmitted infections (STIs) • Use of aspirin to prevent cardiovascular disease <p>Immunizations</p> <ul style="list-style-type: none"> • Hepatitis A and B • Herpes Zoster (Shingles) • Human Papillomavirus (HPV) • Influenza (Flu) • Measles, Mumps, Rubella • Meningococcal • Pneumococcal (pneumonia) • Tetanus, Diphtheria, Pertussis • Varicella (chickenpox) 	<p>Women</p> <ul style="list-style-type: none"> • Osteoporosis screening • Chlamydia infection screening • Gonorrhea and syphilis screening • BRCA counseling about genetic testing <p>Pregnant Women</p> <ul style="list-style-type: none"> • Folic acid supplements • Anemia screening for iron deficiency • Tobacco cessation counseling • Syphilis screening • Hepatitis B screening • Rh incompatibility blood type testing • Bacteriuria urinary tract infection screening • Breastfeeding education <p>Men</p> <ul style="list-style-type: none"> • Abdominal aortic aneurysm one-time screening <p>Cancer screenings</p> <ul style="list-style-type: none"> • Breast cancer mammography • Breast cancer chemoprevention counseling • Cervical cancer pap test for women • Colorectal cancer screenings including fecal occult blood testing, sigmoidoscopy or colonoscopy • Prostate cancer (PSA) screening for men
		

*Note: If you receive preventive services during an office visit, you will be required to pay any applicable coinsurance or copayment if the doctor does not bill or code separately for the service and the primary reason for the visit is not to receive the preventive service. If you receive preventive services from a non-network provider, you will be responsible for any applicable deductible and coinsurance.