



To register or get additional information, call us at 972-882-5277 or visit our website at www.communityedclasses.org. Don't forget to check out our exciting list of other [ADULT CLASSES](#) and [KIDS' CLASSES](#)! We offer something for just about everyone!

Understanding ADHD

What is ADHD? How will it affect my child and the rest of the family? Will my child constantly struggle with this disorder? Receiving a diagnosis of ADHD can often induce confusion, worry and fear in parents. This brief introduction to Attention-Deficit/Hyperactivity Disorder will explore the most recent research regarding ADHD. You will also get an overview of what it is, how it is diagnosed, and some of the most effective intervention strategies for both home and school. *This class is great for anyone – parents, teachers, daycare providers, coaches, Scout leaders, aunts, uncles, grandparents - who interacts with kids!*

Class #: 4555-SPR10
Tuition: \$22

Date: Tuesday - 02/23
Location: PHS - Rm. 223

Time: 6:30 - 8:30 p.m.
Instructor: Kelly Smith

Grandparents Raising Grandchildren Workshop

Over the past decade or two, there has been dramatic growth in households headed by grandparents or other relatives. Caring for a child or children from your extended family can bring joy as well as challenges. Join us for this informative workshop. You will learn how to navigate legal, financial and medical issues which can be frustrating and filled with roadblocks. You will also receive tips on balancing your needs with the child's needs. *This class is beneficial to aunts, uncles, and other relatives raising children from your extended family.*

Class #: 1535-SPR10
Tuition: FREE

Date: Saturday - 02/27
Location: PHS - Rm. 224

Time: 10:00 - 11:30 a.m.
Instructor: Jean Porter

Parenting with Love and Logic

"I don't understand it. The techniques my parents used so effectively just don't seem to work today." Why the terms love and logic? You will learn how to teach your children to think, to decide, and to live with their decisions. You will also pick up skills useful to prepare your children to become responsible individuals by using love, empathy and understanding. *This class is great for anyone – parents, teachers, daycare providers, coaches, Scout leaders, aunts, uncles, grandparents - who interacts with kids!*

Class #: 4550-SPR10
Tuition: \$27

Date: Tuesdays - 03/02 & 03/09
Location: PHS - Rm. 203

Time: 6:30 - 8:30 p.m.
Instructor: Karen Harris

Try and Make Me!

Where and why did this defiance start? Why doesn't praise work? How can I avoid power struggles? If you have ever asked yourself these questions, this class is for you! Dr. Ray Levy has give the answers in his book, *Try and Make Me!*. This class will center on discussion of this book in an interactive and entertaining manner. *This class is great for anyone – parents, teachers, daycare providers, coaches, Scout leaders, aunts, uncles, grandparents - who interacts with kids! Take-home handouts will be distributed in class.*

Class #: 4554-SPR10
Tuition: \$29

Date: Monday - 04/19
Location: PHS - Rm. 223

Time: 6:30 - 8:30 p.m.
Instructor: Kelly Smith

Suicide: Understanding the Warning Signs

The statistics regarding suicide in the United States are truly shocking. A vast majority of the population think that it could not happen in their family. The sad and startling fact is that suicide crosses the boundaries of age, gender, culture, financial status, geography, and religious beliefs. Would you be able to recognize the warning signs? Sadly, dialog concerning suicide is kept to the barest minimum, if it is discussed at all. Break the silence and join us for this informative and timely class. Class discussion will center around major warning signs as well as suicide prevention and intervention. *This class is beneficial to EVERYONE.*

Class #: 4557-SPR10
Tuition: FREE

Date: Monday - 05/03
Location: PHS - Rm. 223

Time: 6:30 - 7:30 p.m.
Instructor: Kelly Smith

ALL Parenting Classes
2nd Person - \$10 additional!



MISD Community Education
 405 East Davis Street
 Mesquite, TX 75149
 (972) 88 - CLASS
 www.communityedclasses.org



Take a bite out of life!

CONF#:	_____			
DATE:	_____			
	WALK-IN	FAX	PHONE	MAIL
TOTAL PAID:	_____			

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____
(ADDRESS, STREET, CITY, ZIP)

AGE GROUP (CIRCLE ONE): 0 — 5 6 — 18 19 — 54 55+ YEARS

EVENING PHONE #: _____ DAYTIME PHONE #: _____

EMERGENCY/CELL #: _____ EMERGENCY CONTACT: _____

EMAIL ADDRESS: _____

IF NO EMAIL ADDRESS, PLEASE SELECT A USER NAME: _____

PLEASE SELECT A PASSWORD: _____ (4 — 6 CHARACTERS)

IF STUDENT IS DIFFERENT FROM ABOVE:

FIRST NAME: _____ LAST NAME: _____

BIRTHDATE: _____ SCHOOL: _____

PLEASE MAIL YOUR REGISTRATION FORM TO US OR FAX IT TO US. YOU CAN ALSO REGISTER ONLINE AT OUR WEBSITE OR CALL US WITH YOUR REGISTRATION. YOU DO NOT HAVE TO BE A RESIDENT OF MESQUITE.

COURSE #	COURSE TITLE	CLASS FEE
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

CIRCLE ONE: **VISA** **MASTERCARD** **CHECK** **CASH** **MONEY ORDER**

CREDIT CARD #: - - - EXP: /

NAME ON CARD: _____

Make checks payable to MISD. Driver's License # and birthdate required on all checks. Mail registration form to: MISD Community Education, 405 East Davis Street, Mesquite, Texas 75149 or fax to 972-882-7462. No confirmation is sent. Unless notified, you are enrolled.

By signing below, you release Mesquite ISD from all responsibility in case of an accident. You grant consent for the making and use sounds and images of me or my child in MISD audio and/or visual productions. You acknowledge that you have read and understand the payment/refund/cancellation policies (found in our catalog and on our website - www.communityedclasses.org) and that you approve the above charges made to your credit card account as listed above (if paying by credit card).

SIGNATURE: _____

Registration Form