

**MESQUITE ISD DRUG TESTING PROGRAM
FOR STUDENT ATHLETES**

I. OBJECTIVES

- A. To provide a deterrent to drug use for Mesquite ISD High School athletes.
- B. To provide a drug education program for those athletes who test positive for drug use and for those athletes that are at risk for drug use.
- C. To insure health and safety of athletes.
- D. To provide a plan that is non-punitive.

II. PLAN

- A. All active varsity athletes from grades 9 through 12 (male and female) involved in Mesquite ISD (MISD) athletic programs will be subject to this testing program.
- B. To initially test all varsity athletes prior to the beginning of their season, and to randomly test throughout the school year. The Drug Program Administrator will determine dates of initial and random testing.
- C. Students selected for random testing will be chosen from a pool of all varsity athletes.
- D. The method of screening is by an independent laboratory under contract to Mesquite ISD, using an accepted immunological screening procedure. All drugs detected by the screen will be confirmed by MS/GC before being reported as being detected. Student admission of guilt will constitute a positive screening. Failure to produce a sample in the allotted time period will be considered a positive screening.
- E. Certified lab personnel and professional staff will administer testing.
- F. Each student-athlete who is selected will be required to provide a urine sample to the designee during the time constraints described in Part IV.

III. DRUGS ELIGIBLE FOR TESTING

- A. Alcohol
- B. Amphetamines
- C. Barbiturates
- D. Benzodiazepine
- E. Cocaine
- F. Methaqualone
- G. Opiates: codeine, heroin, morphine, papaverine
- H. Phencyclidine (PCP)
- I. Tetrahydrocannabinols (THC): marijuana
- J. Steroids

IV. DEFINITION OF TERMS

The following definitions are for the purposes of the drug-testing program in this policy.

- A. GC/MS: Gas Chromatography/Mass Spectroscopy; a scientific process to identify specific chemical compounds. A molecular fingerprint is obtained that identifies a chemical compound with 100 percent accuracy.
- B. Chain of Custody Form: A preprinted form provided by the testing laboratory that records all contact with the provided specimen.
- C. Participating Students: All varsity athletes' grades 9-12.
- D. Varsity sports: Baseball, basketball, cross country, football, golf, soccer, softball, swimming, tennis, track and field, and volleyball teams that are sanctioned by the UIL.
- E. UIL: University Interscholastic League; The governing body of Texas interscholastic sports.
- F. Drug Program Administrator: The head athletic trainer at each high campus or person designated by the athletic office to administer the program on each high school campus.

V. TESTING PROCEDURES AND PROTOCOL

- A. Testing: Every male and female varsity athlete grades 9-12, will be eligible to be tested during the school year. Thirty (30) student names will be randomly selected by the MISD vendor 8 times per school year. They will be required to submit a sample immediately upon request. All specimens will be collected, adhering to a strict chain of custody.
- B. All positive screenings will be confirmed by either student admission or an additional test from a split sample that may include Gas Chromatography/Mass Spectrometry testing by the Mesquite ISD vendor.
- C. Parents have the option to request a second testing of a positive result. This test will be at the parent's expense, and will be from the original sample. The parents must have the test administered at a certified drug testing facility.
- D. The MISD vendor will take the specimens collected to an independent lab for processing. The MISD vendor will send the result to the Drug Program Administrator. The student's identification number will identify all specimens.
- E. Non-compliance by any student athlete with the above testing procedures will be considered a violation of this policy and grounds for removal from the athletic program.
- F. Any student athlete refusing to be tested will be subject to sanctions as if testing positive. Failure to provide a specimen within 2 hours constitutes a refusal to test. Readmission to the program will be contingent upon agreement to participate in the drug testing program and a negative test result.

VI. CONFIDENTIALITY

- A. The collection and coding of specimen samples are executed in a manner insuring total confidentiality and proper identification.
- B. The student, the parent/guardian, head coach, campus principal, and the drug program administrator will only know test results.
- C. All test results shall be destroyed when the student no longer has UIL eligibility.

VII. SANCTIONS FOR POSITIVE TESTING (Non-steroids)

- A. All offenses are cumulative throughout the student's UIL eligibility.
- B. The following disciplinary measures will be taken for a student testing positive to a drug test, and/or any student that renders a plea of no contest or is determined guilty by the criminal justice system as to have been involved with drug activity (i.e.: DWI, DUI, selling, buying, use of, possession of drug paraphernalia).

FIRST OFFENSE (Non-steroids)

Sanctions:

- 1. Notification of parent/guardian to discuss the student's sanctions.
- 2. Suspension from the athletic program for 10% of the regular season contests including post season. The suspension is effective immediately and could carry over into the following sport or year.
- 3. Student will be tested each of the next eight random tests. This may carry over into the next school year. The testing will be at the student's expense.

SECOND OFFENSE (Non-steroids)

Sanctions:

- 1. Notification of parent/guardian to discuss the student's sanctions.
- 2. Suspension from the athletic program for 30% of the regular season contests including post season. The suspension is effective immediately and could carry over into the following sport or year.
- 3. Student will be tested each of the next eight random tests. This may carry over into the next school year. The testing will be at the student's expense.

THIRD OFFENSE

Sanctions:

1. Notification of parent/guardian to discuss the student's sanctions.
2. Suspension from the athletic program for the rest of their UIL eligibility.

The Mesquite ISD will not be responsible for any cost incurred by the parent of student for drug education, counseling, or residential treatment under this program.

VIII. SANCTIONS FOR POSITIVE TESTING (Steroids)

In order to have a uniform policy that is consistent with state legislation (SB 8), student athletes in the Mesquite ISD Drug Testing Program that test positive for steroids will be required to adhere to the sanctions as outlined in Section 3.0 of the University Interscholastic League (UIL) Banned Substance Testing Program.

IX. Mesquite ISD Anabolic Steroids Tested

- A. Androstenediol
- B. Androstenedione
- C. Bolasterone Metabolite
- D. Boldenone Metabolite
- E. Clenbuterol
- F. Clostebol Metabolite
- G. Danazol &/or Metabolite
- H. Dehydrochlormethyltestosterone Metabolite (DHCMT)
- I. Dihydrotestosterone
- J. Dromostanolone &/or Metabolite
- K. Ethylestrenol/Norethandrolone Metabolite
- L. Fluoxymesterone Metabolite
- M. Formebolone Metabolite
- N. Furazabol Metabolite
- O. Mesterolone &/or Metabolite
- P. Methandienone (Dianabol, Methandrostenolone) Metabolite
- Q. Methanfrol &/or Metabolite
- R. Mibolerone Metabolite
- S. Nandrolone/Norandrostendione/Norandrostendiol Metabolite
- T. Oxandrolone &/or Metabolite
- U. Oxymesterone
- V. Oxymetholone Metabolite
- W. Stanozolol Methabolite
- X. Testosterone/Androstendione/AndrostendioldHE (T/E Ratio >6)
- Y. Trenodolone Metabolite

Masking Agents Tested

- A. Probenecid
- B. Epistestosterone (> 200 ng/ml)

