

Aging off of your parent's insurance plans and what

this means for YOU

Health Insurance Options When Turning 26

Your coverage <u>may</u> end on your birthday or at the end of your birth month. Check with your parent's insurance company to confirm the accurate coverage end date.

DON'T go uninsured. If you're healthy, you may think you don't need health insurance. However, health issues can occur without notice, especially during this COVID-19 pandemic. Make sure you are covered.

Take these step to make sure you are covered

- Enroll within 31 days. You have 31 days from your coverage end date to sign up for coverage.
- Contact the Benefits Department to let us know you are turning 26 so we can send you the paperwork.
- Provide proof of loss of coverage (i.e. coverage certificate or COBRA offering). You can get this from your parent's insurance company. They usually mail these out ahead of time.
- Check out the MISD benefits website to see the plan options available to you and their costs.
- Once you have decided on which plans to enroll in, contact the Benefits office before the special enrollment period of 31 days ends. If you miss it, you will have to wait until open enrollment to sign up.





Contacting the Benefits office

Email: benefits@mesquiteisd.org

Phone number: 972-882-7359

Fax Number: 972-882-7774



To Access Benefit Information

- 1. go to www.Mesquiteisd.org
- 2. Click on Staff Page
- 3. Click on Departments
- 4. Select Benefits Department
- 5. Scroll down to 9/1/20 Health Insurance Coverage for Full-Time Employees
- 6. In addition to health insurance, you may be eligible to participate in other benefit plans if you lost coverage (i.e. dental, vision, life insurance).

