

Pirate Maker

2023 Poteet Pirates Summer Strength & Conditioning

Championships are won between Now and August

Six Week Program:

Week 1: June 12th - 15th Week 2: June 19th - 22th Week 3: June 26th - 29th Fourth of July Break Week 4: July 10th - 13th Week 5: July 17th - 20th Week 6: July 24th - 27th

SESSION 1: 8:00 am-9:30 am (ALL Boys – JR High & High School) **SESSION 2:** 9:30 am - 11:00 am (ALL Girls – Jr High & High School)

Cost: \$25 (Due by June 12th) Cash, Check, or Money Order Make checks payable to MISD Athletics **Memo line:** Poteet Pirate Maker

Name:	
Cu anti	
Grade:	
Parent/Guardian Email:	
Parent/Guardian Cell:	

Register at the Poteet Fieldhouse or Mail registration to:

Poteet HS Athletics Attn: Coach McLain 3300 Poteet Dr. Mesquite TX 75150

Contact Info: Coach McLain <u>rmclain2@mesquiteisd.org</u> 972-882-5361